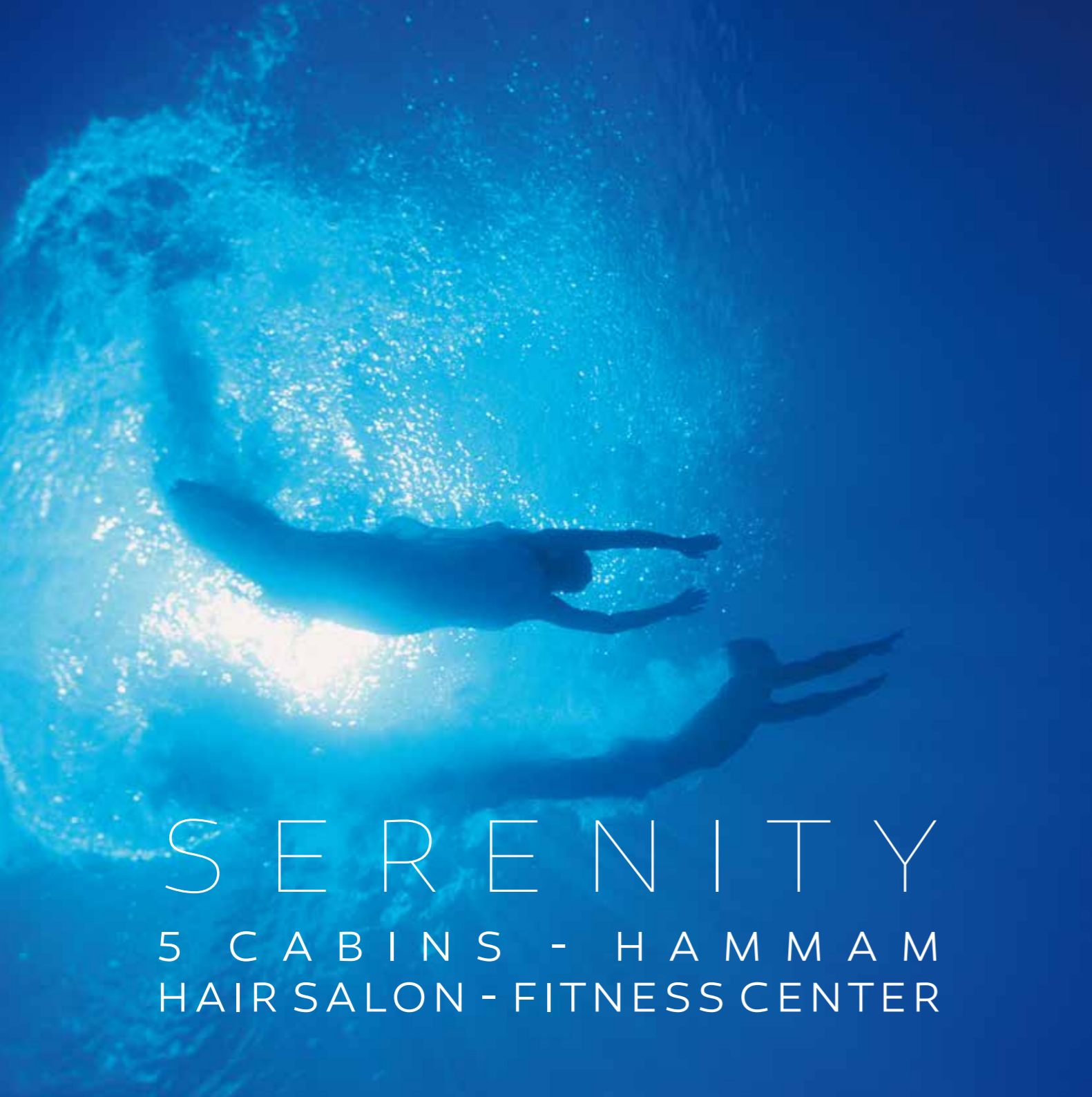


**DEEP**   
**NATURE**  
SPA . M/S PAUL GAUGUIN



SERENITY  
 5 CABINS - HAMMAM  
 HAIR SALON - FITNESS CENTER

# DEEP NATURE

SPA . M/S PAUL GAUGUIN

## A WELL BEING PARADISE ON THE SEA

Deep Nature Spa M/S Paul Gauguin is located on board of the luxurious cruise ship Paul Gauguin cruising the Polynesian waters throughout the year. In a refined setting the Spa offers a wide range of massages, beauty treatments and hairdressing inspired by international and Polynesian techniques. A gentle immersion that will delight all your senses.

## SPA BY DEEP NATURE

With Spas and Thalasso centers in the world's most prestigious places, by the sea, in the mountains and in cities Deep Nature offers the ultimate wellbeing experience. 10 years of providing outstanding quality and aesthetic excellence with treatments tailored to your emotions and sensations. Nurture your body and soul and reveal your true nature with Deep Nature.

## AND ALGOTHERM

For over 40 years, Algotharm, the precursor brand of marine cosmetics, has shared its passion for beauty, the sea and wellbeing around the world. Renowned for its professional expertise, its has joined the most prestigious spas to offer a wide range of treatments that provide a true source of unmatched beauty and well-being. Deeply committed to mother nature through its marine origins, Algotharm uses algae harvested only outside their reproductive periods. It is also the first marine cosmetics brand to have actively engaged in the formulation of paraben and phenoxyethanol free products. Algotharm's commitment : to restore the power of the sea in remarkably effective formulations and make sure each treatment transforms itself into a unique moment of relaxation and pleasure. Surrender to our expert hands, we are taking care of you.



# “A LA CARTE” RATES

## SIGNATURE SPA TREATMENTS

	Duration	USD
Polynesian Treat massage .....	90mn	240
Bora Bora Deep Blue massage .....	90mn	240
Tahitian Wave massage.....	80mn	225
Immersion massage .....	80mn	225

## MONOÏ MESSAGES

	25mn	50mn	80mn
Monoï tradition massage.....	90	150	200
Moemoea relaxing body massage.....	90	150	200
Reflexology .....	90	150	200
Deep tissue “Aito” massage.....	100	165	225
Oriental massage.....	100	165	225
Volcanic stone massage.....	-	165	225
Indian head massage.....	-	150	-
Four Hands “Rima Rima” massage .....	170	275	-
Massage lesson .....	-	-	200

## BODY TROPICAL TREATS

<b>Sea, Sand And Sun</b>	Duration	USD
Body scrub .....	30mn	90
Cleanse and polish back treatment .....	45mn	110
Body wrap.....	30mn	90
Scrub & wrap combination .....	55mn	155
Deep regenerating sun care .....	75mn	195
After sun care .....	60mn	160

## Specifics

	Duration	USD
Tired legs care .....	45mn	140
Pinch & roll massage.....	25mn	100
Circulatory & slimming body massage.....	50mn	160

## ALGOTHERM FACIAL TREATMENTS

### Indulgences

	Duration	USD
Discovery facial care.....	30mn	105
Algo Intense facial care.....	55mn	165
Algo Performance facial care .....	85mn	225
Deep radiance facial for men .....	45mn	140
Pure relaxing facial massage.....	30mn	100
Eyelash tint.....	20mn	60

### Delightful Add Ons

	Duration	USD
(optional cares for complementing a high performance facial care)		
Collagen eyes care .....	10mn	20
Lips re-pulp care .....	10mn	20
Hand or foot moisturizing care .....	20mn	60

## CLASSICS

### Nail Service

	Duration	USD
Express hand or foot bliss.....	30mn	55
Classic hand or foot bliss .....	50mn	90
Deluxe hand or foot bliss .....	75mn	160
Polish change .....	15mn	30
French polish change.....	10mn	35
Shellac application .....	15mn	45
Shellac removal.....	15mn	20

### Waxing

	Duration	USD
Lip / chin / eyebrow.....	10mn	30
Underarms .....	15mn	45
Bikini or arms.....	20mn	50
Brazilian or full brazilian.....	30mn	75
Half leg / shoulders.....	25mn	65
Full leg / back .....	40mn	100

## DISCOVERIES

	Duration	USD
<b>Tahitian Touch</b> .....	75mn	200
• Black sand body scrub		
• Monoï tradition massage 50’		

### Honeymoon Experience “Te Here” ..

105mn	290
• Moisturizing exfoliation	
• Polynesian Taurumi massage 50’	
• Facial beauty flash	

### Bora Bora Treat.....

120mn	300
• Sugar body scrub	
• Bora Bora Deep Blue massage 90’	

### Algo Detox .....

80mn	240
• Deep tissue 50’	
• Detox facial care	

### Marine Experience.....

80mn	210
• Marine body mask	
• Discovery massage 45’	
• Relaxing head massage	

### Harmony & Balance .....

105mn	300
• Oriental massage 50’	
• Scalp reflexology	
• Feet reflexology	

### laorana.....

80mn	220
• Sweetened body scrub or Polynesian massage 25’	
• Facial care expert by Algoterm	

### Hair & Scalp Bliss .....

75mn	170
• Hair scalp massage	
• Mask treatment	
• Blow dry	



## HAIR SALON

### Hair Styling

	USD
Gentleman’s cut & shampoo .....	45
Shampoo, mask, blow dry or roller set.....	From 60 to 100
Shampoo & cut.....	95
Shampoo & cut with blow dry .....	135
Evening up style only (medium hair) .....	90
Hair reborn mask (25mn).....	85
Comb-up.....	55
Fringe / Bangs trim - Beard / Moustache trim ...	20

### Hair Colouring (Without Blow Dry)

Colour – Roots .....	85
Colour - Full head .....	From 105 to 120
Highlights - Full head .....	From 140 to 200
Highlights - Half head .....	From 85 to 100
Highlights - Top head .....	50
For any additional colour .....	30



## “A LA CARTE” WATER

### SIGNATURE SPA TREATMENTS

#### Polynesian Treat Massage

Traditional Polynesian massage “Taurumi” from head to toes. The “Polynesian Treat” is the Spa signature treatment which includes a sensual relaxing full body massage inspired by old Tahitian massage techniques with monoï and tropical scents. A real Treat !

#### Bora Bora Deep Blue Massage

A relaxing and remineralizing full body massage. This massage brings you the benefits of Sea Water combined with Deep Nature’s Expertise. Make an aquatic journey of the senses with marine pouches followed by a relaxing massage.

#### Tahitian Wave Massage

Deep Nature Spa Tahiti’s Signature treatment suggests the relaxing back and forth motion of Ocean Tides. It combines a subtle Tahitian sand scrub preparing the skin and a full body massage inspired with Lomi Lomi and Polynesian Know How. This treatment soothes muscles and realigns energy flow for a complete bliss.

#### Immersion Massage

Let yourself be enchanted with a gentle inner journey for a real relaxation. Combining long slow flowing movements and a unique signature fragrance “Immersion”, it allows everyone to maintain and restore its inner well-being. An immersion in itself, a moment for you.

### MONOI MASSAGE BY DEEP NATURE

#### Monoï Tradition Massage

Let yourself be enchanted by the fragrances of the monoï through rhythmic movements of the palms, elbow and forearms in perfect synchronicity during a relaxing Polynesian massage.

#### “Moemoea” Relaxing Body Massage

A relaxing, gentle massage that uses long kneading strokes to release tension, stress and strain muscles.

#### Reflexology

This is a thousand-year-old manual therapy used on reflex areas applied solely to hands, feet, head and shoulders.

#### Deep Tissue “Aito” Massage

Intense deep massage, while recharging your energy, it contributes to maintain muscle tone, leads to a state of well-being and relieves tensions.

#### Oriental Massage

Combining a number of oriental techniques, this massage improves natural energy flow by stimulating specific energy points. This technique generates perfect energy balance and leads to a profound sensation of harmony.

#### Volcanic Stone Massage

Combining an oil massage and warm stones placed on energy points, this treat is more than just regenerating. You will experience a new dimension of deep relaxation and well-being.

#### Indian Head Massage

Inspired by India’s rituals, this care alleviates tensions thanks to the special attention given to the neck, shoulders and back. In addition, a scalp massage made with warm oil will rebalance the body energy flow and bring inner peace and tranquillity.

### BODY TROPICAL TREATS

#### Body Scrub

Gently cleanses, exfoliates and prepares the skin for a luxurious application of moisturizing body lotion leaving the skin replenished and smooth.

#### Cleanse & Polish Back Treatment

Unwind with this deep-cleansing treatment for your back. Your beautician removes impurities with gentle extractions, finishing with a deep moisturizing\* mask.

#### BodyWrap

Body wrap in a warming blanket to obtain the best penetration of minerals, trace elements and vitamins. The action of the care can be relaxing, remineralizing, contouring or purifying according to the type of wrap chosen.

#### Deep Regenerating Sun Care

Fresh face and body care treatment ideal before and after sun exposure. It has nourishing and softening qualities that give your skin the softness and radiance of satin.

#### After Sun Care

Optimum face and body care. This treatment will sooth and hydrate instantly the skin after a sunburn.

### SPECIFICS

#### Tired Legs Care

Programme for heavy legs that gives a lasting sensation of lightness and freshness after a draining massage of the legs. The intense shiver stimulates the microcirculation and relieves the sensation of heaviness.

#### Pinch & Roll Massage

Massage using the “pinch and roll” movements to remodel your silhouette and tone your skin.

#### Circulatory & Slimming Body Massage

Combined with oils and complexes, the specific techniques of this massage drain, contour and refine the silhouette to reshape your body. Extremely effective, this massage lifts off fatty tissue for an anti-cellulite action.

### ALGOTHERM INDULGENCES

#### Discovery Facial Care

This customized beauty treatment will reveal the natural radiance of your skin. Relax while you experience Algotharm’s range of facial care, which will make your skin feel refreshed and energized.

#### Algo Intense Facial Care

Relax while you feel the results of ALGOINTENSE combining effective beauty expertise with top of the range products. Beauty care is completed by the application of specifically adapted serums according your needs and your skin type.

#### Algo Performance Facial Care

Choose this ultimate facial care for an expertly tailored programme adapted to your skin. ALGOPERFORMANCE care combines the very best techniques to stimulate cell renewal of the skin on your face and restore its natural beauty.

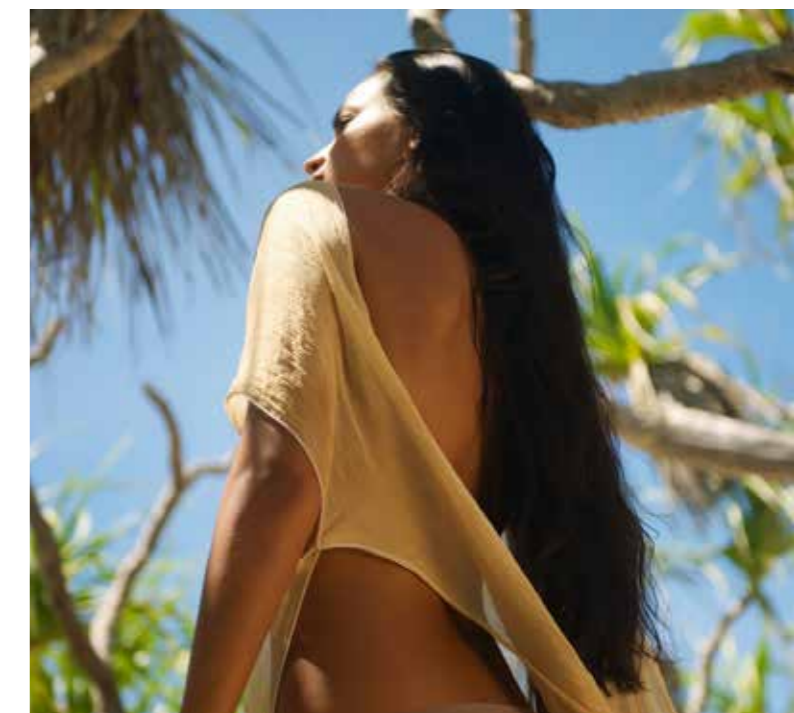
#### Deep Radiance Facial For Men

Beauty care for men to clean, moisturize and calm the skin.

#### Pure Relaxation Facial Massage

Gentle relaxing facial massage.

\*Upper layers of the skin





# SPATTITUDE

## HOW TO BOOK

We advise you book your treatment in advance for maximum availability. You can book via telephone from your cabin (ext. 933) or visit us at Deck 6 Mid Ship.

## WHAT TO WEAR

It is important to be comfortably dressed and relaxed. Remember to bring your swimwear if you wish to use the steam bath. Our therapists will ensure that the intimate parts of your body are covered during your care. Disposable underwear is available for your comfort.

## WHEN TO ARRIVE

We suggest you arrive at least 10 minutes before the time of your appointment in order to have time to change and unwind. If you are late, the length of time specified for your care cannot be guaranteed.

## VALUABLES

For safety reasons we advise you to leave all valuables and jewellery in your cabin's safe.

## STATE OF HEALTH

The care provided at Deep Nature Spa is reserved exclusively for individuals in good health. The spa is a non-medical environment and the sole purpose of all care provided is for well-being. When booking an appointment we recommend you advise us of your state of health, recent allergic reactions, medical problems or injuries which could affect your treatment.

## SPA ENVIRONMENT

The spa is a world of tranquillity, harmony and well-being. For this reason smoking and the use of mobile phones are prohibited in the spa.

## TIPS

Our staff are dedicated to making your spa experience one to remember. Tips are not included in our prices, they are left to your discretion.

## MODIFICATION AND CANCELLATION

For any change or cancellation we ask our guests to contact the spa a minimum of 24 hours before your appointment. After this period you will be invoiced in full for any no-show or cancelled session.

## TAKE TIME TO ENJOY YOUR STAY

Slow down and try to clear your mind so that you can fully enjoy your treatment. Let yourself be carried away by the scents, gentle music and calm of the environment. Deep Nature is looking after your well-being.

# SPA COLLECTION

## FRANCE

### CHAMONIX

Spa Deep Nature - Hôtel Les Aiglons\*\*\*\*  
Spa Deep Nature - Boutique Hôtel Le Morgane\*\*\*\*  
Spa by Clarins - Hôtel Mont-Blanc\*\*\*\*\*  
Spa Deep Nature - P & V Premium\*\*\*\*  
Spa Deep Nature - Les Granges d'en Haut\*\*\*\*

### LES ARCS

Spa Deep Nature - Arc 1800 - Hôtel du Golf\*\*\*  
Spa Deep Nature - Arc 1950 - P & V Premium\*\*\*\*\*  
Spa Deep Nature - Arc 1800 - P & V Premium\*\*\*\*

### AVORIAZ

Spa Deep Nature - P & V Premium\*\*\*\*\*

### LES CARROZ D'ARÂCHES

Spa Deep Nature - P & V Premium\*\*\*\*

### LES MÉNUIRES

Spa Deep Nature - P & V Premium\*\*\*

### MÉRIBEL

Spa Deep Nature - P & V Premium\*\*\*\*

### LA PLAGNE

Spa Deep Nature - P & V Premium\*\*\*\*

### LA CLUSAZ

Spa Deep Nature - Hôtel Le Chamois\*\*\*\*

### FLAINE

Spa Deep Nature - P & V Premium\*\*\*\*\*

### PARIS

Spa Deep Nature - Hôtel Saint-James & Albany\*\*\*\*  
I-Spa - InterContinental Paris Le Grand\*\*\*\*\*  
Spa Deep Nature - Hôtel Hyatt Madeleine\*\*\*\*\*  
Célestia Spa - Disneyland Hôtel\*\*\*\*\*  
Spa Deep Nature - Villages Nature® Paris  
Spa Deep Nature - Golf de Saint Cloud

### LYON

Spa SoFit - Sofitel Lyon Bellecour\*\*\*\*

### CANNES

Cannes Spa Diane Barrière - Hôtel Majestic Barrière\*\*\*\*\*  
Spa Deep Nature - P & V Premium\*\*\*

### NICE

Spa Deep Nature - Hôtel Exedra Boscolo\*\*\*\*\*

### MARSEILLE

Spa by Clarins - InterContinental Marseille Hôtel-Dieu\*\*\*\*\*

### ANTIBES

Spa Deep Nature - P & V Premium\*\*\*\*

### GOLFE DE SAINT-TROPEZ

Spa Deep Nature - P & V Village Club

### DEAUVILLE

Thalasso Deauville by Algotherm

### HOULGATE

Spa Deep Nature - P & V Premium\*\*\*\*

### CENTER PARCS

Spa Deep Nature - Domaine du Lac d'Ailette  
Spa Deep Nature - Domaine des Bois-Francis  
Spa Deep Nature - Domaine des Hauts de Bruyères  
Spa Deep Nature - Domaine des Trois Forêts  
Spa Deep Nature - Domaine du Bois aux Daims

## MONDE

### BORA BORA

Deep Ocean Spa by Algotherm  
InterContinental Bora Bora Resort & Thalasso Spa\*\*\*\*\*

### CRUISES COMPANY

Spa Deep Nature - M/S Paul Gauguin

### TAHITI

Spa Deep Nature - InterContinental Tahiti Resort & Spa\*\*\*\*\*

### GUADELOUPE

Spa Deep Nature - P & V Village Club

### BRUXELLES

Spa Deep Nature - Tour Up-Site  
Spa Deep Nature - Spasiba

### TETIAROA

Varua te Ora Polynesian Spa - The Brando\*\*\*\*\*

### DEVA

Spa Deep Nature - Sheraton New Caledonia Deva Resort & Spa\*\*\*\*\*

### NOUMÉA

Spa Deep Nature - Hôtel Le Méridien\*\*\*\*\*

### ILE DES PINS

Spa Deep Nature - Hôtel Le Méridien\*\*\*\*\*

BORA BORA – TAHITI – TETIAROA – M/S PAUL GAUGUIN – PARIS – NICE  
MARSEILLE – VAL D'ISÈRE – DEAUVILLE – CANNES – HOULGATE  
CHAMONIX – LES ARCS – NOUVELLE-CALÉDONIE – BRUXELLES

DEEP NATURE SPA M/S PAUL GAUGUIN  
M/S Paul Gauguin cruise  
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French Polynesia

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Website : [www.deepnature.fr](http://www.deepnature.fr)

Discover the collection of Deep Nature products  
for sale in our Spa shop.